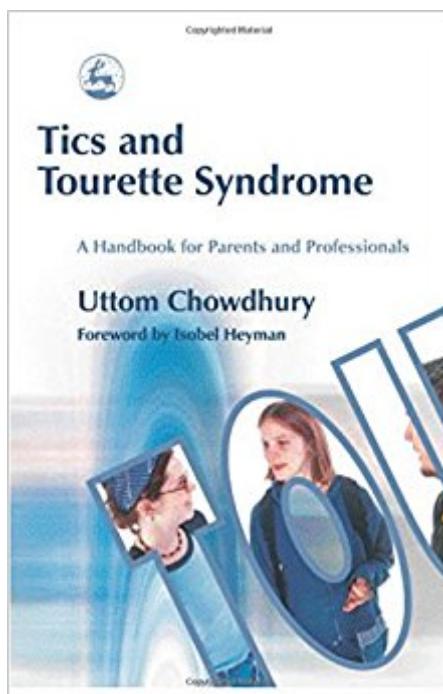


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# Tics And Tourette Syndrome: A Handbook For Parents And Professionals



## **Synopsis**

This essential guide to tic disorders and Tourette Syndrome tackles problems faced both at home and at school, such as adjusting to the diagnosis, the effect on siblings and classroom difficulties. Dr Chowdhury offers advice on how to manage symptoms, describing practical techniques such as habit reversal and massed practice and reviewing available medical treatments. In clear, accessible language, this book explains the clinical signs and symptoms of Tourette and related conditions, and their possible causes. Presenting strategies for dealing with associated difficulties, including low self-esteem, anger-management and bullying, this book will be invaluable to parents, teachers, social workers and other professionals.

## **Book Information**

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## **Customer Reviews**

'This guide tackles the problems faced at home and at school by young people with tic disorders and Tourette syndrome. The author covers areas such as adjusting to the diagnosis, the effect on sibling and class room difficulties and offers advice on how to manage symptoms. The book presents practical strategies for dealing with associated difficulties, including low self-esteem, anger management and bullying.' --- Young People Now'Tics and Tourette Syndrome, by Uttom Chowdhury, explains the signs, symptoms and possible causes and offers sound, sensitive advice for carers based on the range of experiences of the many families the author has worked with. Strategies and positive guidance for dealing with associated problems such as bullying and low self-esteem are offered, making this book invaluable for anyone dealing with a child with tics or

Tourette Syndrome.' ---Practical Professional Child Care'This guide to tic disorders and Tourette syndrome tackles problems faced both at home and at school, such as adjusting to the diagnosis, the effect on siblings and classroom difficulties, and present practical strategies for dealing with associated difficulties, such as anger and bullying.' --- Human Givens Journal

Dr. Chowdhury provides us with a handbook that is both academic and self help. This book defines Tourette Syndrome and associated disorders and the medications (traditional and non-traditional used to treat them) while at the same time, acknowledging the expertise of the parents by providing instructional chapters on helping their children deal with bullying and how to improve self esteem. This is truly a handbook worth reading and keeping close at hand as it offers other helpful insight and suggestions on how to get your child to do the things that you want him to, how to praise him and suggestions on setting limits and time-outs. This book is easy to read and without jargon. (The Green Leaflet (Tourette Syndrome Foundation of Canada))This is an excellent, practical book, which is ideal for parents of children with TS, professionals and teachers. All through the book, Dr Chowdhury makes references to the research behind the clinical advice that he gives. As well as giving good information about the diagnosis of tics and TS, he takes a broad perspective of TS and looks at the effects of TS on the whole person (including emotional, educational and functional effects). The writing is clear and easy to understand without being patronizing and it is well-referenced to allow the keen reader to explore the area further. One of the things that most strikes me about the book is that it could only have been written by someone with extensive clinical experience of people with TS and by someone who has clearly listened and responded to the concerns of people with TS and their families. As well as covering the theoretical aspects of TS, the book also contains numerous practical strategies for managing anger, self-esteem problems and problems in the classroom. I would highly recommend this book. (Hugh Rickards)Tics and Tourette Syndrome, by Uttom Chowdhury, explains the signs, symptoms and possible causes and offers sound, sensitive advice for carers based on the range of experiences of the many families the author has worked with. Strategies and positive guidance for dealing with associated problems such as bullying and low self-esteem are offered, making this book invaluable for anyone dealing with a child with tics or Tourette Syndrome. (Practical Professional Child Care)This guide to tic disorders and Tourette syndrome tackles problems faced both at home and at school, such as adjusting to the diagnosis, the effect on siblings and classroom difficulties, and present practical strategies for dealing with associated difficulties, such as anger and bullying. (Human Givens Journal)This guide tackles the problems faced at home and at school by young people with tic disorders and Tourette

syndrome. The author covers areas such as adjusting to the diagnosis, the effect on sibling and class room difficulties and offers advice on how to manage symptoms. The book presents practical strategies for dealing with associated difficulties, including low self-esteem, anger management and bullying. (Young People Now)

This is an excellent book for self education on tics and tourettes. Many people don't understand this disorder. I have a child with tics and this book teaches ways to help reduce them. Loved it.

This book was very helpful because it offers great ideas for managing Tourette. I would recommend it to anyone who wants to know how to help people with Tourette.

Item came as described. Would buy from this buyer again.

my daughter was diagnosed with Tourrettes Syndrome and I use the book for myself and others to learn more to understand her. I helps in the patients side of it

This book is good for general information. Give you all the topics about Tourette Syndrome. It's excellent for parents and professionals that are beginning reader about TS. Help you a lot to begin to understand all concerning with the Tourette Syndrome.

This item was shipped very fast and in very good condition. Would use this seller again !!!

This is by far the most useful book I have read on Tourette Syndrome, as well as one of the best books I have read on special needs in general. "Tics and Tourette Syndrome" is short enough and concise enough that an overwhelmed parent can read it in one sitting. Do not be fooled by the book's length, however. Word for word, this book contains more useful information than any other book I have read; there is no filler, there are no anecdotes. If you have time for only one book on Tourette's, this is the book. That is a very tired line, I know, but in this case it really is true. I have recommended this book to other parents of children with Tourette's as well as to friends and relatives, in an effort to dispel misconceptions about what Tourette's is and is not.

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